



XV INTERNATIONAL  
WORKSHOP AND CONGRESS ON  
KANGAROO MOTHER CARE  
II CONGRESSO BRASILEIRO SOBRE O  
CUIDADO CANGURU

## Workshop

### Current Advances and Challenges in Kangaroo Care

**President:** Vivian Azevedo – MG/Brazil

**Vice-President:** Arnaldo Bueno – RJ/Brazil

#### Support:

Luiza Geaquinto Machado – Brazil

Zeni Carvalho Lamy – Brazil

#### Objective:

To promote discussion on actions aimed at strengthening and implementing contemporary Kangaroo Care practices, considering scientific evidence, operational challenges, sustainability, equity, innovation, communication and dissemination strategies across different healthcare settings and within the community.

- **Group 1** → Clinical practice
- **Group 2** → Health systems and networks
- **Group 3** → Research and innovation
- **Group 4** → Education and dissemination
- **Group 5** → Equity and inclusion

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## GROUP 1

**Coordinators:** Patrícia Campanha/Brazil; Nicole Gianini/Brazil; Ángela Lombo/Colombia; Adriana Montealegre/Colombia

#### THEME:

Immediate KMC and Zero Separation: evidence, challenges, barriers, and implementation strategies

#### Discussion topics:



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1. Scientific evidence and rationale for Immediate KMC and zero separation
2. Clinical safety, monitoring, and stabilization criteria
3. Practical implementation strategies in different contexts
4. Persistent institutional, clinical, and cultural resistance
5. Organizational and structural requirements of healthcare systems and care units for implementation: infrastructure, human resources, and clinical protocols
6. Transport and continuity of care

**Flow:** rationale → safety → implementation → resistance → structure → continuity

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## GROUP 2

**Coordinators:** Sônia Venâncio/Brazil; Maria Gomes/Brazil; Liseth Rodríguez/Colombia

### THEME:

KMC in National Health Systems: network organization, sustainability, and continuity of care

### Discussion topics:

1. Integration of KMC into public policies and national health systems
2. Governance, financing, and sustainability mechanisms
3. Organization of care networks and articulation between hospital and primary healthcare services
4. Structured specialized outpatient follow-up programs
5. National expansion strategies across different contexts and levels of care
6. Monitoring and evaluation systems



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**Flow:** policies → sustainability → network organization → follow-up → national expansion → monitoring

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### GROUP 3

**Coordinators:** Sergio Marba/Brazil; Sandra Vogler/USA; Nathalie Charpak/Colombia

#### **THEME:**

Research, Innovation, Knowledge Production, and Dissemination in KMC

#### **Discussion topics:**

1. Knowledge gaps and research priorities
2. Indicators, outcomes, and tools for monitoring short- and long-term impact
3. Implementation research, innovation, and new models and technologies in KMC
4. Scientific dissemination strategies for professionals, managers, policymakers, and scientific societies
5. Knowledge translation and communication strategies with families and communities aimed at mobilization, social participation, and recognition of KMC as a right
6. Challenges in the production and application of scientific knowledge

**Flow:** gaps → indicators → implementation/innovation → dissemination → social translation → application

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### GROUP 4

**Coordinators:** Maria Cândida Bouzada/Brazil; Roberta Costa/Brazil; Catalina Lince/Colombia



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**THEME:**

Education, Training, and Professional Development in KMC

**Discussion topics:**

1. Integration of KMC teaching into health education and related fields, including undergraduate programs, residencies, specialization courses, and stricto sensu graduate programs
2. Standardization and strengthening of the curriculum in KMC education.
3. Academic and institutional barriers to training and qualification in KMC
4. Continuing education — courses, training, technical updates, and formal qualification programs — aimed at developing essential competencies for interdisciplinary KMC practice
5. Permanent education focused on professional development in daily clinical practice
6. Strategies to expand and democratize access to training, qualification, and education on KMC through distance education, courses, collaborative networks, educational materials, communities of practice, and national and international dissemination initiatives

**Flow:** training → curriculum → barriers → continuing education → permanent education → expanded access

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**GROUP 5**

**Coordinators:** Denise Suguitani/Brazil; Denise Morsch/Brazil; Zaira Custódio/Brazil; Nina Braga/Brazil; Natalia Varela/Canada-Colombia; Aline Hennemann – Brazil

**THEME:**

Comprehensiveness, Equity, Diversity, and Inclusion in Kangaroo Care



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**Discussion topics:**

1. Equity in access to KMC in contexts of geographic, socioeconomic, and institutional inequalities
2. Recognition and appreciation of cultural, ethnic-racial, and territorial aspects in care implementation
3. Gender, diverse parenting arrangements, and family configurations
4. Accessibility, inclusion, and care for people with disabilities
5. Grief, end-of-life care, and neonatal palliative care
6. Comprehensive, inclusive, equitable, and family-centered care

**Flow:** equity in access → structural inequalities → sociocultural diversity → gender and family configurations → inclusion and accessibility → suffering and end-of-life care → comprehensive and inclusive care